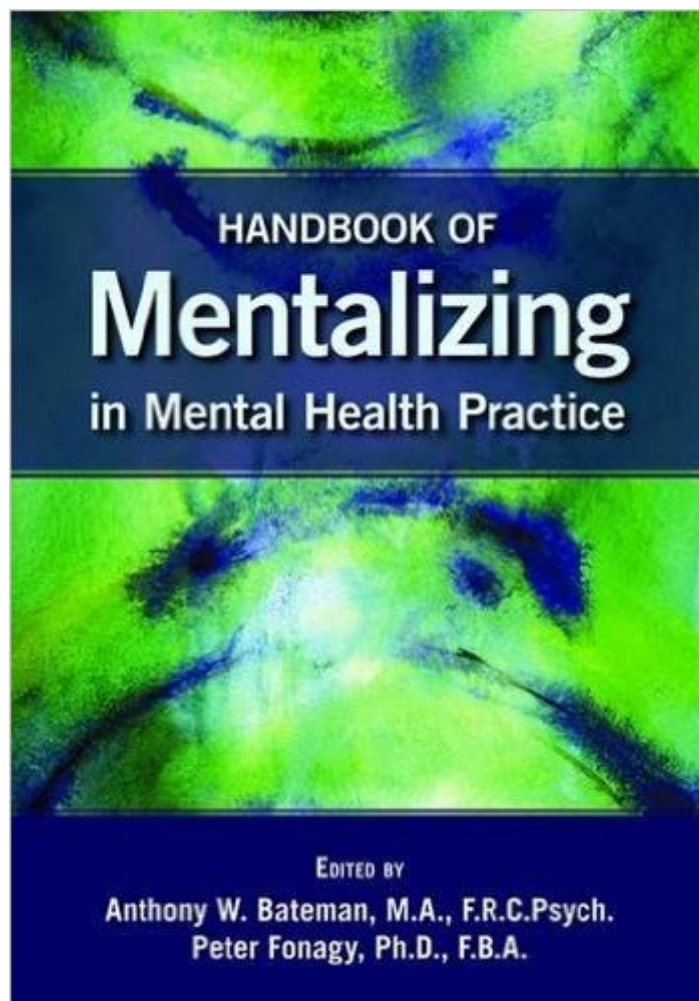


The book was found

Handbook Of Mentalizing In Mental Health Practice



Synopsis

Mentalizing is the fundamental human capacity to read one's own and others' mental states such as thoughts and feelings. The editors of *Handbook of Mentalizing in Mental Health Practice* have authored two previous books aimed at establishing mentalizing as a developmental and clinical concept. Here they further explore mentalizing as a fundamental psychological process and seek to extend its use across a wide range of disorders, particularly in the treatment of patients with personality disorders and in preventive intervention in childhood. The first part of the book helps the reader understand the impact of a mentalizing perspective on the treatment of patients in different psychotherapy contexts. The second part focuses on the patient, identifying effective techniques for a variety of illnesses, including depression, trauma, borderline personality disorder, eating disorders, and drug addiction. Throughout, the contributors persuasively argue that the promotion of mind-mindedness in both patient and clinician is critical to any therapy. Across modalities, *Handbook of Mentalizing in Mental Health Practice* is essential reading for mental health clinicians.

Book Information

Paperback: 617 pages

Publisher: Amer Psychiatric Pub; 1 edition (July 20, 2011)

Language: English

ISBN-10: 1585623725

ISBN-13: 978-1585623723

Product Dimensions: 7.1 x 1.6 x 9.8 inches

Shipping Weight: 2.8 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars Â Â See all reviews Â (6 customer reviews)

Best Sellers Rank: #95,278 in Books (See Top 100 in Books) #45 in Â Books > Medical Books > Psychology > Reference #55 in Â Books > Health, Fitness & Dieting > Psychology & Counseling > Reference #151 in Â Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Psychiatry

Customer Reviews

I find this book so inspiring and wonderful to read as a counselor working with children and families. It helps to understand the foundation of one's anchor in therapy and counseling concepts when working with the population of chemical dependency. I highly recommend it for anyone in a behavioral and mental health clinical setting. Melinda Emery ATR-BC, LMFT, CATC IV

MBT is initially organized and developed for treatment of borderline personality disorder. However, it is helpful for most mentally unhealthy people who have difficulty in mentalizing process when attachment system is hyperactivated. I think this handbook is very helpful and informative in my clinical practice.

amazing book, very interesting technical book... if you are interested to know more about mentalization it is the right book to read

[Download to continue reading...](#)

Handbook of Mentalizing in Mental Health Practice Mental Health: Personalities: Personality Disorders, Mental Disorders & Psychotic Disorders (Bipolar, Mood Disorders, Mental Illness, Mental Disorders, Narcissist, Histrionic, Borderline Personality) MENTAL ILLNESS: Learn the Early Signs of Mental Illness in Teens (Teen mental illness, teen mental health, teen issues, peer issues, treatment) ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) Train Your Brain & Mental Strength : How to Train Your Brain for Mental Toughness & 7 Core Lessons to Achieve Peak Mental Performance: (Special 2 In 1 Exclusive Edition) Psychiatric Mental Health Nursing, 5e (Psychiatric Mental Health Nursing (Fortinash)) Exercise For The Brain: 70 Neurobic Exercises To Increase Mental Fitness & Prevent Memory Loss: How Non Routine Actions And Thoughts Improve Mental Health Mental Illness: PTSD: Learn How To Handle PTSD Triggers (Bipolar Trauma Depression) (Self Help Mental Illness Dysfunctional Relationships) El poder mental [Mental Power (Texto Completo)] Focus: The Practical Guide to Improving Your Mental Concentration, Killing Procrastination and Increasing Productivity (The ultimate guide to mental concentration, influence, time management) 7 BOOKS ON MENTAL POWER AND THOUGHT FORCE. THOUGHT-FORCE IN BUSINESS AND EVERYDAY LIFE; MEMORY CULTURE; DYNAMIC THOUGHT; THOUGHT VIBRATION; MENTAL POWER; ... OF LESSONS (Timeless Wisdom Collection) The Mental Game of Volleyball: Competing One Point At A Time (Masters of The Mental Game) (Volume 19) 8 Keys to Recovery from an Eating Disorder: Effective Strategies from Therapeutic Practice and Personal Experience (8 Keys to Mental Health) The Portable Lawyer for Mental Health Professionals: An A-Z Guide to Protecting Your Clients, Your Practice, and Yourself Using Computers in Clinical Practice: Psychotherapy and Mental Health NCLEX: Mental Health Disorders: Easily Dominate The Test With 105 Practice Questions & Rationales to Help You Become a Nurse! (Nursing Review ... Test Success, NCLEX-RN Trainer) (Volume 4) Psychiatric Mental Health Nursing: An Introduction to Theory and Practice Building Basic Therapeutic Skills: A

Practical Guide for Current Mental Health Practice Epidemiology For Public Health Practice (Friis, Epidemiology for Public Health Practice) Mental Health Information Systems: Problems and Prospects (Studies in Health and Human Services ; V. 1)

[Dmca](#)